Ancient Sacred Formation

Post Call Notes - WEEK 3: Now that you've said YES to circle - now what?

Resources

1. Facebook Secret Group. Add me as a friend here: https://www.facebook.com/waymateaellis and I will add you to our secret discussion group. The conversation is really great there - lots of excellent contribution and ideas. Joining the Facebook page isn't a required part of this program - just another way to connect.
2. Book: Calling the Circle - The First and Future Culture by Christina Baldwin
3. Book: Sacred Circles - A Guide To Creating Your Own Women's Spirituality Group
4. The Niching Nest - by Tad Hargrave
5. The War of Art - by Steven Pressfield
6. Grounding Meditations
7. Meditation Music
8. Meditation Scripts - Free
9. Meditation Scripts 2 - Free
10. Meditation Scripts 3 - Free
11. Meditation Scripts 4 - Free

There are many more resources for free meditation scripts available - just google “Free Scripts Meditation”

The Brave and Beautiful Program

a 13 month online program to help 40 courageous women transform their biggest baggage into their most beautiful blessings.

You may be asking yourself the following questions:

- What is my niche?
- What is my sacred role in my community?
- What is my unique medicine?

It is my deep passionate belief that our stories are the ticket our our greatest blessings. **The pain we have endured, the journey we have walked - this has been our initiation into the sacred work we are meant to be doing.**

Consider these examples:

- A woman who has traumatic memories of medical procedures may study to become a herbalist or naturopath.
- A child who is bullied and tormented grows up to be an inspirational speaker and motivational author for bullied children.
- A traumatic loss of a child’s parents leads to that child growing up to write poetry for adult survivors of traumatic loss.

We have all been gifted in some way by our unique experiences, and on some level, we crave being free to express the beautiful being we know we were born to be. I believe that each and every one of us has the birthright to be amazing, expanded, inspired and joyful, and with that inspiration, I created **The Brave and Beautiful Program**.

The Brave and Beautiful Program is a 13-month online program to help 40 courageous women transform their **biggest baggage** into their most **beautiful blessings**. I invite you to

consider joining me on this journey to discover how **your past holds your greatest strength** - to learn how to embrace your past so you can **celebrate your story rather than trying to get over it.**

As a special acknowledgment of your joining me on the Ancient Sacred Formation program, I would like to offer you a very exclusive discount for your registration in **The Brave and Beautiful Program.** Full registration price for this 13-month program is $3299. I would like to offer each of you 30% off of the following early bird prices.

Early Bird Prices:

2499.00 USD by October 1, 2015 -749 = $1749 for Ancient Sacred Formation Students

2699.00 USD by November 1, 2015 -810 = $1889 for Ancient Sacred Formation Students

2999.00 USD By December 1, 2015 -899 = $2099 for Ancient Sacred Formation Students

3299.00USD By January 1, 2016 - 990 = $2309 for Ancient Sacred Formation Students

If **The Brave and Beautiful Program** feels like a fit for you, and you would like to register, please select "Deposit to Register" for $249 to receive your exclusive discount. You will find this link by clicking **HERE** : http://www.waymatea.com/the-brave-and-beautiful-program-css-discount/

Within 24 hours, you will receive a confirmation from me, and an invitation to pay the remainder of your registration in full, or to **break it down into 12 payments over the course of the program.** Monthly payments will begin on January 1st, 2016.

After your $249 deposit, your 12 equal payments will be:

$125/month if you register by October 1, 2015

$137/month if you register by November 1, 2015

$154/month if you register by December 1, 2015

$172/month if you register by January 1, 2015

It would be an amazing honor to have you join me in this journey to finding your sacred medicine. If you feel intrigued and would like to know more, I am available for your **free consultation call** at any

time. I can answer any questions you may have if you would like to learn more about the program!

Just send me an email at ancientsacredformation@waymatea.com to set up our call time.

Questions to contemplate while preparing for our fourth call:

1. What kind of marketing can I feel comfortable doing?
2. Do I want to charge for my circle? If yes, what if someone can't pay?
3. How long do I want each circle to go for? Do I want sessions, or a more open-ended approach?
4. Do I want to require a commitment, or will I go week by week, or month by month as a drop-in?
5. What kind of advertising feels really good to me… and what do I feel an aversion to?
6. Am I ready to get out of my comfort zone and put myself out there?