Join us for The Fourth Annual Global Maitri Breathwork
FUNdraising Opportunity for Center for Sacred Studies

MAITRI BREATHWORK™

Facilitated by Jyoti, Russell Park & Darlene Hunter

Breathe Until Your Heart Breathes You!

When: **June 17, 2017 @ 9:30 am – 8:30 pm**

Where: **Sebastopol, California**

Early Bird Registration (before May 17): $175
After May 17: $190
(Light Lunch and Dinner Included)

Non-Refundable $100 deposit

Maitri Breathwork™ developers, Jyoti and Russell Park, will join with Darlene Hunter and other certified Maitri Facilitators and assistants to offer a Global Breathwork Fundraising event. In different locations around the world, facilitators and assistants hold a day of breathwork, giving their time, love and energy to support your healing. The breathwork fee will be donated to the Center for Sacred Studies.

Maitri Breathwork™ is a way that individuals can access non-ordinary states of consciousness through their own breath to integrate healing into daily life. The process used in Maitri Breathwork™ is a combination of deep breathing practices, evocative music and healing touch which calls forth images and messages held in the body and submerged in the unconscious. Through these revelations a profound process of personal transformation can begin.

In order to hold your space, you will need to place a Non-Refundable $100 deposit!

- Mail your Non-Refundable **$100** deposit or Early Bird Registration (before May 17): **$175** or After May 17: **$190**
- Also enclose your dietary needs or allergies.
- Please make your check payable to Center for Sacred Studies.

Mail to: Center for Sacred Studies, Maitri Breathwork, PO Box 2904, Guerneville, CA 95446

Questions? Contact Valerie Hausmann (707) 604-7362 or send email at css.valeriehausmann@gmail.com

UNABLE TO ATTEND? Participate by sponsoring a breather AND supporting CSS. More information: centerforsacredstudies.org